

Ministries of Brotherly Understanding

Est. 2024

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Welcome members, supporters, sponsors and followers of the Ministries of Brotherly Understanding. This sermon will be about Universal Energy.

What is Universal Energy? It is the life force that exists everywhere. It is a timeless, ever-present force that is always in motion and never dies; only changing form. It is essential to maintain order in life and expand our consciousness. It is the energy that is believed to be present in all things in the universe. It is a concept that has been around for centuries. The basic characteristic of Universal Energy is to fulfill our desires and make us happy. This energy is also known as Chi or Life Force.

How does one connect with Universal Energy? Engage in practices that elevate your consciousness, such as meditation, visualization and breath work. Allow the energy to flow through you, cleansing, healing and inspiring you to the core.

Remember, the key to unlocking Universal Energy is to be present. Embrace each moment with mindfulness, for in doing so; you become a channel for the universe's wisdom and creativity to flow through you.

These are the principals of Universal Energy:

- Principal of Attraction or Vibration

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- Vibration decrees that everything moves or vibrates, nothing rests.
- The thoughts you think or internalize or, get emotionally involved with, are in control of the vibration that is in you. As you become conscious of this vibration, you refer to it as how you are feeling.
- There is a connection between your feelings, what you attract to yourself, and the results you get in your life. The vibration or feeling you are in, leads to the actions you take and your actions create the results you experience in life.
- Once you understand attraction, instead of allowing the outside world to dictate what you think and how you feel inside, you start to live from the inside out by choosing and focusing on thoughts that align with what you want.
- This causes changes in your vibrational field to attract or create the results you seek in life.
- Principal of Perpetual Transmutation
 - Everything in the universe that can be seen, heard, smelled, tasted or touched and together with our emotions; is the manifestation of energy in various levels of vibration.
 - Energy is in a constant state of transmission and transmutation. Energy is the cause and effect of itself and can be neither created nor destroyed.

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- Perpetual transmutation decrees that energy, the nonphysical level is life, is always moving into physical form.
- Thoughts are energy and therefore, any idea or image that is held in your mind and properly nourished must move into its physical counterpart because the emotions are expressed through the body. The body moves into action which produces the results.
- This explains the creative process. It also explains prayer. Prayer is the movement that takes place between spirit and form with and through you.
- Principal of Rhythm
 - Rhythm embodies the truth that everything is moving and flowing in and out, swinging backward and forward. It shows us that there is always a reaction to every action.
 - This governs the movement of the planets in their orbit and also manifests in the mineral and vegetable kingdoms.
 - It can be observed in:
 - The rising and setting of the sun and moon
 - Ebb and flow of the tides
 - Coming and going of the seasons
 - In the rhythmic swing of consciousness and unconsciousness.
 - You are not going to feel good all the time; no one does. If you did, you wouldn't even know it. The low feelings are what permit you to enjoy the high feelings.

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- When you are in a downswing, know the swing will change, and things will get better. Good times are coming, choose to think of them.
- Principal of Relativity
 - Here we find that all things are relative, including all principals.
 - All principals are related to each other and correspond with each other.
 - Every principal must be in harmony, agreement and correspond with each other.
 - Understanding Relativity will give us the means of solving many secrets of nature that seems paradoxical.
 - Everything in life just “IS.”
 - We make a thing big or small, high or low, negative or positive by comparing it to something else.
 - Recognize that everyone does something better than you and, likewise, you do something better than every person you meet.
 - If you attempt to relate yourself with another person’s abilities, where they have mastered the task, and you have not, you will not look good. This is using the principal of Relativity against one’s self. Instead, make a habit of using this principal to your benefit, to heighten your self-esteem. You will then become aware of how special you are in the light of the truth.
- Principal of Polarity
 - This decrees everything in the universe has its opposite:
 - hot – cold

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- good – bad
- inside – outside
- You have a right and left side to your body, a front and back. Every up has a down, and every down has an up.
- This not only states that everything has an opposite; but it is equal and opposite.
 - If you were 3 feet from the floor up on a table, it would be 3 feet from the table down to the floor; it could not be any other way.
- Step into your power by realizing and applying Polarity. Start using your mental faculty, perception, to see both sides of a person, situation or circumstance. You will be empowered and inspired.
- This will help you move forward in the direction of your dreams because you will realize that everything in your life “just is” and you make it negative or positive by how you choose to think about the situation. It is your choices, not the circumstances that will create the life you so desire.
- Principal of Cause and Effect
 - This decrees that whatever you send into the Universe comes back. Action and reaction are equal and opposite.
 - Everything in the entire universe happens according to this principal. There is no such thing as chance. Every effect must have a cause; and in turn, that cause must have an effect. Thus, we have the perpetual, never-ending cycle of cause and effect.

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- You are very interested in the effects in your life:
 - Your physical health
 - Your relationships
 - The respect you earn
 - Your income
- You must concentrate on the CAUSE, and the EFFECT which will automatically take care of itself.
 - Say good things to everyone
 - Treat everyone with respect, including yourself.
 - Take care of your body
- And it will all come back. This is how this principal works.
- Principal of Gender
 - This is the creative principal.
 - This decrees that everything in nature is both male and female. Both are required for life to exist.
 - Without the dual principal of male and female in all things, there would not be a difference of potential, a perpetuation of motion, nor regeneration.
 - All new things merely result in the changing of something that was, into something else that now is.
 - A Caterpillar into a butterfly
 - A thought into physical reality
 - Consciousness or thought is the masculine energy, whereas the life force that bring for the thought into physical reality is the feminine energy. Together, one experiences both the masculine and feminine energy which is known as the creative process.

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- It also decrees that all seeds have a gestation or incubation period before manifest. Ideas are spiritual seeds.
- When you choose a goal or build the image in your mind; a definite period of time must elapse before the image manifests in physical results.
- Our thoughts and ideas thrive on the energy we give them. There is one way to shorten the incubation period needed for an idea to manifest into physical form and this is through concentration.
- The concentration of thought relative to an idea increases more energy on that idea, bringing it more quickly into manifestation.

To become a master at creating what you want, understand these principals and it will help you become a conscious creator of your own reality.

I know this is a lot to take in on one setting, please feel free to replay as many times as you need to capture the information, or feel free to download the PDF of this sermon at mobu.church under the sermons tab for your review.

Thank you for your time today and, I look forward to many more sermons.